

Fast Facts

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Morbidity and Mortality

Tobacco use leads to disease and disability.

- Smoking causes cancer, heart disease, stroke, and lung diseases (including emphysema, bronchitis, and chronic airway obstruction).¹
- For every person who dies from a smoking-related disease, 20 more people suffer with at least one serious illness from smoking.²

Tobacco use is the leading preventable cause of death.

- Worldwide, tobacco use causes more than 5 million deaths per year, and current trends show that tobacco use will cause more than 8 million deaths annually by 2030.3
- In the United States, tobacco use is responsible for about one in five deaths annually (i.e., about 443,000 deaths per year, and an estimated 49,000 of these tobacco-related deaths are the result of secondhand smoke exposure).
- On average, smokers die 13 to 14 years earlier than nonsmokers.4

Costs and Expenditures

The cigarette industry spends billions each year on advertising and promotions.5

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- \$12.5 billion total spent in 2006
- \$34 million spent a day in 2006

Tobacco use costs the United States billions of dollars each year.

- Cigarette smoking costs more than \$193 billion (i.e., \$97 billion in lost productivity plus \$96 billion in health care expenditures).¹
- Secondhand smoke costs more than \$10 billion (i.e., health care expenditures, morbidity, and mortality).⁶

State spending on tobacco control does not meet CDC-recommended levels.7,8

- Collectively, states have billions of dollars available to them—from tobacco excise taxes and tobacco industry legal settlements—for preventing and controlling tobacco use. States currently use a very small percentage of these funds for tobacco control programs.
- In 2011, states will collect \$25.3 billion from tobacco taxes and legal settlements, but states are spending only 2% of the \$25.3 billion on tobacco control programs.
- Investing only about 15% (i.e., \$3.7 billion) of the \$25.3 billion would fund every state tobacco control program at CDC-recommended levels.

Tobacco Use in the United States

Percentage of U.S. adults who were current smokers in 2009:9

- 20.6% of all adults (46.6 million people)
- 21.3% of African American adults
- 23.2% of American Indian/Alaska Native adults
- 12.0% of Asian American adults
- 14.5% of Hispanic adults
- 22.1% of white adults

NOTES:

- -Adult is defined as 18 years of age or older.
- -Current smokers are defined as persons who reported smoking at least 100 cigarettes during their lifetime and who, at the time of interview, reported smoking every day or some days.
- -Percentage for Asian American adults does not include Native Hawaiians and other Pacific Islanders.

Thousands of young people and adults begin smoking every day.¹⁰

- Each day, about 3,450 young people between 12 and 17 years of age smoke their first cigarette.
- Each day, about 850 persons younger than 18 years of age begin smoking on a daily basis.
- Each day, about 2,200 adults 18 years of age or older begin smoking on a daily basis.

Many adult smokers want or try to quit smoking.

- Approximately 70% of smokers want to quit completely.¹¹
- Approximately 45% of smokers attempted to quit in 2008. 12

NOTES

- -See CDC's <u>Smoking Cessation (/tobacco/data_statistics/fact_sheets/cessation/quitting/index.htm)</u> fact sheet for more information.
- -"Attempted to quit" is defined as smokers who reported that they stopped smoking for at least 1 day in the past 12 months because they were trying to quit smoking.

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For Further Information

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